

COGNIZANCE

The Quarterly Newsletter by P.A.F.G.C



From the Editor's Desk

Once more, it is with immense pleasure that I am entrusted to work on the Vol. 2, Issue 2 of the college Newsletter. As we all know, a newsletter mirrors a college- its vision and mission. It also highlights events, activities and academic prowess and achievements.

In this edition, we have tried to capture last three months excitement and activities. We do hope that newsletter encourages students to use it as a platform to exhibit their creativity. we hope that this edition makes for an interesting read.

Ms Muneera A
Associate Editor

THIS ISSUE

- ANNUAL SPORTS MEET
- FDPs
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- INTRA-COLLEGIATE PROGRAMS
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PAFGC ANNUAL SPORTS MEET 2023



The annual sports day of PAFGC was held on 3rd and 4th January 2023 at PACE ground with great zeal. The sports day involved a huge participation of students from different departments. It was a day filled with fervor and excitement experienced amidst thrills, stills and cheers. The inaugural ceremony began with formal procedure seeking the blessings of almighty by M r. Syyed Swalahuddeen C A from 3rd BCom.

Mr. Sujith K V, Physical Education Director, Yenepoya (Deemed to be University), Mangalore, the Chief Guest of the day in his inaugural oration, stimulated the participants on the benefits of sports in maintaining balanced health and fitness and advised the students to participate in outdoor games instead of using gadgets. Mr Sharafudheen P K, AGM (campus) was the guest of honour. Dr. Surfraz J Hasim, Principal, PAFGC in his address stated that students must spend some time for physical exercises every day. Dr.Sayyed Ameen, Dean-Student Affair & Director- Center for Management Studies and Research, Mr.Sundar, Physical Education Director, PAPT, Mr. Mohammad Faisal, Head-Centre for Professional and Organization development, PACE, Mr. Iqbal,Physical Education Director, PACE and Mr. Ibrahim, Physical Director, PAFGC were present on the dais. Ms. Fathima Naizam from 3rd BBA welcomed the gathering while Ms Fathima K M from 1st BCA introduced the Chief Guest. Ms. Amani Amreen from 1st BCA, proposed the vote of thanks. Ms. Fathima Hiba from 3rd BBA compered the program.

In two days sports event, the long awaited athletic event were held with great vigor. Students participated enthusiastically in all the events. Team work is the fuel that allows common people to produce uncommon results. As testimony to this, four houses (Green, Blue, Red & Yellow) ardently took part in various athletic events, football, cricket, volleyball and throw ball. The event came to an end successfully with prize distribution leaving thrilling memories in the hearts of each and every one present.

INDUSTRIAL VISIT REPORT



As a part of industrial visit 43 students of V Semester B.Sc. FT and FND along with 3 faculty members visited the 'BISLERI INTERNATIONAL PRIVATE LIMITED' Mineral water Company in Mumbai, Maharashtra on 6th January 2023, with the intention of experiencing the processing and packaging of mineral water. Having a strong presence, with 122 operational plants (13 owned) and a strong distribution network of 4500 Distributors & 5000 Distribution trucks across India & neighboring countries, Bisleri stands true to its promise of providing safe, pure & healthy mineral water to consumers for the last 50 years. There was a guide who welcomed the students and introduced them to the various processing units of the industry. All the process was familiarized to students from the collection of water to the bottling and packaging of water bottles. First they showed the storage of collected water in sterilized tank, then the purification process by ionization, double filtration, undergoing reverse osmosis, mineralization, micron filtration and at last the steps in bottling, where bottles were blown at 100°C and water was filled, then capping was done. At the end, students were provided with sample products.

On 9th January 2023, the next industrial visit was to 'GOA BREWING CO.', Sangolda, Goa. They are well known for their craft beers made in smaller amounts that emphasize on new flavors and varied brewing techniques. A representative from the brewery welcomed the students and was taken inside to show the processing of beers. They explained the students about the raw materials that are being used for the production of their variety products. They introduced their special products made of pineapple, breakfast cereal, oats and milk flavored beer. Later on they led the students to the production area where the raw materials were mixed in a large vessel and moved to fermentation tank.

The 3rd Industrial Visit was to The 'REGO FOOD PRODUCTS', Zuarinagar, Goa. Company was founded by Mr. Tome Romualdo Rego in 2015. They are well known for producing various food products in meat and poultry, bakery and spices. Students were divided into three batches and were lead into the processing unit with the help of a guide representative from the company. The industry was divided into three operational units. The initial unit was bakery products and got introduced to their famous Portuguese sweet known as Bebinca and the processes it went through to reach the final product. The next unit was poultry and meat, where their processing steps such as vacuum packaging, smoking and canning was demonstrated. The final unit was that of spices where there was production of Goan style pickles and condiments made of fish. As a complementary they provided one of their product to all the students and faculty members. The faculty coordinators Mr. Mohammed Shamseer, Dept of Commerce, Ms. Sruthi and Ms. Nirmal, Dept of FT and FND along with student coordinators Mr. Maruvan Shahul Hameed and Mr Kahbul Muhib of 3rd FT, Ms Hala Iqbal of 3rd FT, Ms. Hana Mariyam, Ms. Ayesha Fahima and Ms. Ameera Farhanath of 3rd FND coordinated and managed the entire expedition from 5th January – 11th January.

CREATING NOESIS ON PUBLIC SPEAKING FOR STUDENTS



The Public Speaking Club of P.A First Grade College conducted an invited talk on “Evaluate to Motivate” in the Multipurpose Hall at 11.45 am on 6 Jan 2023. Toast Master Faizal Ahmed Ibrahim, Sales Manager, Danat Al Misfaha Trading, Sultanate of Oman was the Chief Guest and the resource person. He inspired and actuated the staff and students to come onward and achieve this mesmerizing noesis. All the club members comprehend to this topic with great interest.

Ms. Fathima Hiba from 3rd BBA compered the program. The session began with the prayer seeking the blessings of almighty by Mr. Ishaan Sheik from 2nd BBA followed by the welcome speech by Ms. Aifna of 1st B.Com. Principal Dr. Surfraz J Hasim, in his address encouraged the club members to come up with flying colours in future, also gave an awareness on the importance and transformation in becoming a “Public Speaker”. Very prominent and spellbinding couple of hours followed during the talk given by our illustrious resource person Toastmaster Faizal Ahmed Ibrahim. Later he was felicitated with a memento as a token of apprehension by our Principal. Ms. Vanishree. Y, IQAC Coordinator, P. A. F. G. C and Ms. Noorjahan Begum S.A, Head-Dept. of Humanities and Social Sciences were also present on the dais.

TRAINING SESSION ON PUBLIC SPEAKING FOR FACULTY MEMBERS



The Public Speaking Club of P.A First Grade College conducted a training session on “Organize Your Speech” in the multipurpose hall at 10:00 am on 6 Jan 2023. Toast Master Faizal Ahmed Ibrahim, Sales Manager, Danat Al Misfaha Trading, Sultanate of Oman was the Chief Guest and the resource person. He inspired and motivated the staff to come onward and achieve this hypnotic cognition among our youth.

Ms. Rasheeda Banu, Asst. Professor, Dept. of HSS compered the program. The session started with the prayer by Mr. Ishaan Sheik from 2nd BBA followed by the welcome speech by Ms Rosey. D, Asst. Professor, Dept. of Food Nutrition and Dietetics. Ms. Chaithanya D, Asst. Professor, Dept. of Commerce and Management introduced the guest to the audience. Dr Surfraz J Hasim, Principal, PAFGC gave a consciousness on the value and shift in becoming a “Public Speaker”. Very outstanding and hypnotic couple of hours followed during the talk given by our renowned resource person Toastmaster Faizal Ahmed Ibrahim. Later he was bid with a keepsake as a token of apprehensiveness by our Principal. Vote of thanks was proposed by Ms. Munhan Nisa, Asst. Professor, Dept. of BCA. Ms. Gopika and Mr. Xavier Lindez, Asst. Professors in English were also present on the dais.

AN INVITED TALK ON NATIONAL EDUCATION POLICY 2020



P.A First Grade College in association with IQAC organized an invited talk on "NATIONAL EDUCATION POLICY 2020" by Dr.V RAVINDRACHARY, Professor, PG Department of Physics, Mangaluru University, Director- College Development Council, and Nodal Officer- NEP 2020, Mangaluru University on 13 January 2023.

The program started with a prayer invoking the blessings of almighty by Mr. Ishan from II BBA. Dr.V Ravindrachary spoke about the implementation of NEP, its salient features, reforms in higher education, interdisciplinary courses, Post-Graduation and PhD programs, transformation of India's education system. He also emphasized on the vision of NEP programs for the development of an economy.



Dr. Surfraz J. Hasim, Principal, PAFGC felicitated Dr.V. Ravindrachary with a token of appreciation. Mr. K. Ahmed Kutty, Director(Finance), PAET and Mr. Sharfuddin P.K, AGM- Campus were the Guests of Honour for the day. NEP Nodal Officer Ms. Ramyashree A B, Ms. Vanishree Y, IQAC Coordinator, and Ms. Chaitra, Head- Department of Computer Application were present during the session. Ms. Afifa from I year BCA welcomed the gathering while Mr. Mohammed Shazil from II year BCA introduced the guest. Mr. Aymaan Basheer from I year BBA proposed the vote of thanks. Ms. K Salma Aifna from I year BCom compered the program.



Awareness Program on Road Safety

Awareness Program on Road Safety at Heavy Vehicle Drivers Training Institute, Kamblapadavu, Mangaluru was held on 16 Jan 2023. Students and staff of PAFGC participated in the program. Ms Geetha Kulakarni, ACP - Traffic, Mangaluru City Police, Mr Vishwanath, ARTO, Mangaluru, Mr Sathya, Principal, Heavy Vehicle Drivers Training Institute & Dr Surfraz J Hasim, Principal, PAFGC were present on the dais.



Annual Magazine Release at PAFGC



Internal Quality Assurance Cell & Editorial Board of Annual Magazine, P.A. First Grade College released Annual Magazine 2021-22 "College Chronicle" on 18 January 2023 at Multipurpose Hall.

Dr. B. K. Sarojini, Professor & Chairperson, Dept. of Industrial Chemistry, Mangalore University was the Chief Guest of the day. She inspired and motivated the students to write more articles in regional languages as well as in other languages. She shared her experiences in P.A.College of Engineering and gave some useful tips to make the magazine the best one. Mr. Sharaffuddin P.K, AGM- Campus felicitated the Chief Guest with a token of appreciation. Dr. Sharmila Kumari, Vice-Principal, and Head- Dept. of Computer Science, P.A.C.E shared her thoughts and congratulated the editorial team members and the students for the Annual Magazine 2021-22. Presidential address was delivered by Dr. Surfraz J Hasim, Principal, P.A.F.G.C and he encouraged the students to write something interesting for the next magazine. He also congratulated the editorial team and students for their cooperation.

The Chief Editor was Ms. Noorjahan Begum S.A, Head- Dept. of Humanities and Social Sciences shared her thoughts and experience on working for "College Chronicle". Ms. Rosey. D, Asst. Professor, Dept. of Food Nutrition & Dietetics and Food Technology shared her thoughts and experience. Ms. Ayesha Fahima from 3rd year Food Nutrition & Dietetics, Mr Mohammed Shazil from 2nd year BCA shared their thoughts and experience. Dr. Sayyad Ameen, Dean - Students Affairs, Mr. mohammad Faizal, Head- Center for Professional and Organisation Development, Ms. Vanishree, IQAC Coordinator, P. A. F. G. C were also present on the dais.

The program began with a prayer invoking the blessings of the almighty by Mr Ahammed Irfad from 1st year BCA. Ms. Hana Mariyam from 3rd year FND welcomed the gathering while Mr. Sheik Safwan, 2nd year BBA, introduced the Chief Guest. Mr. Ashik from 2nd year BBA proposed the vote of thanks. Ms. Fathima Hiba from 3rd year BBA compered the program.

Industrial Visit report – Delhi Agra and Jaipur.



As a part of an industrial visit, 17 students of V Sem B.Com of P. A First Grade College along with 3 faculty members visited the 'Dawar Footwear Industries' On 16th January 2023 near Babu Ashram, Sikandra, Agra, Uttar Pradesh. Since 1977, Dawar Group has been providing world-class footwear to its customers all over the world.

On 17 January 2023, the group visited "M/s Munshi Ganeshi Lal & Sons" in Agra, Uttar Pradesh. It was Established in the year 1862 and is involved in manufacturing Marble Table Tops. They are well supported by the team of highly skilled professionals who possess rich industry experience in their respective domains of business operations.

On 19th January 2023, the students visited "Hero Moto Corp" Delhi, (Formerly Hero Honda Motors Ltd.) is the world's largest manufacturer of two – wheelers, based in India. The Hero Motor Corp. produces 7000 motorcycles in a day each consuming 18 sec for its manufacture. It was a wonderful experience for the students to gain practical knowledge.

Participation in Workshop on Accreditation and Ranking



A Workshop was conducted on 21 January 2023 by Mangalore University on Accreditation and Ranking of HEIs, at Mangala Auditorium, Mangalore University. This program was organized by IQAC cell of Mangalore University & Association of British Scholars, Mangalore. The program began at 10.00a.m. with the welcome speech by Prof. Vishalakshi B, Deputy Director, IQAC.

Prof. P. S. Yedapadithaya, Hon'ble Vice Chancellor, Mangalore University delivered his message to the audience through virtual mode in his absence to the program.

In the first Session, the resource person Prof. M. G. Sethuraman, Former Director, IQAC, Former Registrar (Evaluation). The Gandhigram Rural Institute (Deemed to be University), Gandhigram, Tamil Nadu explained the nuances of the preparation of SSR in the NAAC process.

During the second session, the resource person, Prof. K. R. Chandrashekar, Advisor, IQAC, Yenepoya (Deemed to be University), Deralakatte, explained the self-monitoring of progression through NIRF.

During the third session, the resource person Dr Sujata P Shanbhag, Advisor, NAAC, Bangalore detailed about the importance of NAAC Assessment and Accreditation Process. The resource person Dr S. Sreenivasa, Deputy Advisor, NAAC, Bangalore, in the fourth session detailed about the procedure to be followed by the colleges and university during preparation for NAAC Assessment.

The valedictory function was followed by the Q & A session. The delegates were given an opportunity to clear their doubts about the NAAC accreditation process. The program ended with the presidential remarks by Dr. Manjunatha Pattabi, IQAC Director- Mangalore University and vote of thanks by Prof. Monica Sadananda, Deputy Director, IQAC.

The following members of PAFGC have attended the above workshop.

1. Dr. Surfraz J. Hasim – Principal, PAFGC
2. Ms. Vanishree, Asst. Professor, Department of Commerce & IQAC Coordinator.

Out Reach Program by NSS



NSS unit of PAFGC conducted an outreach program on “Scientific Studying Techniques” at Vani Vijaya School, Kodlamogoru, Manjeshwar on 23 Jan 2023. About 190 students attended the program. Dr Surfraz J Hasim, Principal, PAFGC was the resource person. Mrs Krishnaveni, Headmistress, Mr Jamaluddin, President - Parent Teachers Association, Mr Gopalakrishna Bhat, Vice President, Parent Teachers Association, Mr Hamad Basheer, Asst. Professor, PAFGC, and NSS volunteers Mr Muzammil, 2nd yr BBA and Mr Irshad, 2nd year BBA were present on the occasion.

Meeting with ISDC Delegate

let's create Ted Talkers- A PSC Initiative



Mr Sreyas Manoharan, Manager - International Collaborations, ISDC visited PAFGC on 23 Jan 2023 for a discussion regarding the Short Term Immersion Programs and Internships. Principal, HODs and concerned faculty members were present during the meeting.



Public Speaking Club of PAFGC conducted Pick & Talk for the members of Public Speaking Club on 25 Jan 2023.

9 members of PSC spoke on various topics and exhibited their talent. Dr Surfraz J Hasim, Principal, PAFGC and Mr Mohammed Faisal N, Head- CPOD guided the members and motivated them to strive hard to perform better.

Republic Day Celebration at PAFGC



PAFGC, along with sister institutions celebrated the 74th Republic Day on 26 January, 2023 at PACE campus. Mr. Sharfuddeen P.K, AGM, campus, hoisted the national flag.

Dr. Saleemulla Khan, Principal, PACP, in his speech, explained the significance of Republic Day. He reiterated the importance of constitution in shaping our nation.

Dr. Surfraz J Hasim, Principal, P A First Grade College, in his presidential address said that it is our duty as citizens to uphold the values and principles laid down in the constitution and to work towards building a strong and prosperous nation.



Students of PAFGC entertained the audience by their melodious patriotic songs. III B. Com students presented a beautiful and meaningful skit based on unity and integrity. Ms. Hana Mriyam of III FND delivered a speech on the formation and importance of our Indian constitution. Dr. Sharmila Kumari, Vice Principal, PACE, Dr. Sayyed Ameen Ahammed, Director CMSR, Prof. Ismail Khan, Vice Principal, PAPT, Mr. Faizal, Head, CPOD, Mr. Iqbal, Director of Physical Education, Heads of the various departments, teaching and non-teaching staff and students of PAET were present on the occasion.

Felicitation of Principal



Dr Surfraz J Hasim, Psychologist, Mind Trainer & Coach, Principal-P.A. First Grade College, Mangaluru has been felicitated by Mangalore University for his contribution to Educational Development of Mangalore University Adopted Schools on 28 Jan 2023 at Mangala Auditorium, Mangalore University. Prof. M.R Doreswamy, Hon'ble Advisor, Education Reforms (Cabinet Rank), Govt. of Karnataka, Prof. P.S. Yedapadithaya, Hon'ble Vice-Chancellor, Mangalore University, Mr Sudhakar K, Deputy Director, School Education and Literacy Dept, DK, Smt Chanchalakshi, President, Konaje Grama Panchayat, Dr Prashanth Naik, Coordinator were present on the occasion.

Patriotic Song Competition



On behalf of Literary Association, PAFGC conducted patriotic song competition on 25th January 2023 at TF-13. Five student groups from different classes were participated in the competition. The first place was bagged by Mr. Mohammad Mashood from 1 St BBA(A), Mr. Mohammad Shafeen from 1st BBA (A). The second prize was nailed by Ms. Shafna Sharin K K from 1st BCA and team.

Principal as Chief Guest at Assisi Central School



Dr Surfraz J Hasim, Principal, P.A. First Grade College, was invited as the Chief Guest for the Parents Day at Assisi Central School, Deralakatte on 28th Jan 2023. Dr Surfraz J Hasim addressed the parents about SMART Parenting which is very much essential in dealing with the children of today's digital world.

Faculty Development Program at PAFGC

The Internal Quality Assurance Cell of PAFGC organized FDP from 30th January 2023 to 2nd February 2023. Resource person for FDP were Prof. Pushparaj B, Educationist & NLP Practitioner, Dr. Abdul Khader A A, Former Principal Karnataka,(Govt.)Evening Polytechnic, Mangaluru and Dr.Sayyad Ameen Ahmed Dean (Student Affairs) PAET & Director Centre for Management Studies and Research, P.A College of Engineering. Dr Surfranz.J.Hasim, Principal, PAFGC, Mr.Mohammed Faizal, Head(COPD),PAET, Ms Vanishree Y, IQAC Coordinator, Ms. Deepthi Udyavar, Head – Dept. of Commerce and Management were present on the dias. The sessions were mainly focused on “Classroom Management” by Prof. Pushparaj. B, “Effective Instructional Planning & Delivering Strategies and Mentoring” by Dr. Abdul Khader A A and “Roadmap for NET/SLET/JRF” by Dr.Sayyad Ameen Ahmed. Faculty members were actively participated throughout the session.

Day 1:

“Classroom Management” by Prof.Pushparaj.B (Educationist & NLP Practitioner)

The session was mainly focused on Importance of managing the class, effective communication and contact throughout the session, understanding student’s area of interest, different teaching techniques explicated through practical sessions.



Day 2:

“Effective Instructional Planning & Delivering Strategies and Mentoring by

Dr. Abdul Khader A A ,Former Principal Karnataka,(Govt.)Evening Polytechnic

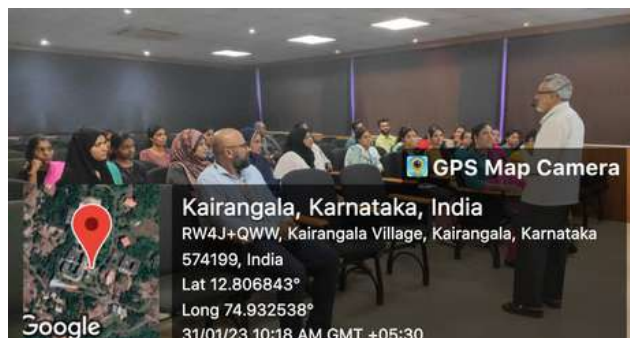
The session succeeded in promoting not only the professional practices relevant to education but also in motivating the faculty members to achieve competitive teaching and learning environment.



Day 3:

“Effective Instructional Planning & Delivering Strategies and Mentoring”

The session provided an opportunity to gain knowledge on how to be a good mentor and how to Plan various strategies to effectively monitor students.. Different teaching techniques explicated through practical sessions and engaged faculty members with various forms of activities.



Day 4:

“Roadmap for NET/SLET/JRF”

Dr.Sayyad Ameen, Dean (Student Affairs) PAET & Director, CMSR, PACE



The session provided an opportunity to acquire knowledge about the importance of competitive exams.

Outcome:

- Faculty members were benefited to update their pedagogical skills.
- It Provided knowledge of outcome-based teaching and learning methods

Nomination of Faculty to The Board of Studies



Dr Manjula P, Assistant Professor, Department of HSS has been nominated to the Board of Studies (Malayalam) of St Aloysius College (Autonomous), Mangalore by Mangalore University for the period of 3 years (Academic Year 2022-2025).

Principal as Chief Guest at Chaithanya School



Dr Surfraz J Hasim, Principal, P.A. First Grade College was invited as the Chief Guest for the Career Development Program organised by Sri Chaithanya School on 4th February 2023, 7pm at Centenary Auditorium, Ladyhill.

Principal as Resource Person at Bengere Kasaba



Dr Surfraz J Hasim, Principal, PAFGC was invited as the Resource Person for the session on "How to face exams confidently" for the students of SSLC & PUC at Bengere Kasaba, Mangaluru on 10 February 2023.

Brain storming session on NAAC Preperation



Faculty members along with Principal and IQAC coordinator had an effective discussion on how to start working for NAAC on 8 Feb 2023.

Ms Vanishree, IQAC coordinator elaborated the responsibilities to each Criterion heads.

Principal as Guest of Honour



Dr Surfraz J Hasim was invited as the Guest of Honour for the Orientation Program of 1st yr MBA (22nd Batch) at Centre for Management Studies & Research, P A College of Engineering on 13 February 2023.

A new initiative to start Institution Innovative Cell



PAFGC team- Ms Deepti Udyavar, Ms Viola & Ms Nirmal, (Asst. Professors) had a discussion with Dr. Mamatha, Dean (Incubation & Innovation), St. Aloysius College (Autonomous), Mangaluru, on 23 Feb 2023 regarding IIC (Institution Innovative Cell). This meeting have paved a way to set up IIC which will be beneficial to the students of various streams. The discussion resulted in gaining information about the Innovative ideas to motivate the students to become Entrepreneurs.

Principal met New Registrar (Evaluation) of Mangalore University.



Dr. Raju Krishna Chellannavar, has taken charge as Registrar (Evaluation) of Mangalore University on 17 Feb 2022. Dr. Surfraz J Hasim, Principal, PAFGC met the Registrar Evaluation and congratulated him.

MOU with St. Aloysius College (Autonomous)



P.A. First Grade College signed MOU with St. Aloysius College (Autonomous), Mangaluru on 28th Feb 2023 at St Aloysius College. Rev. Dr. Praveen Martis S.J, Principal, St Aloysius College (Autonomous), Dr. Ronald Nazareth, Dean (International Collaborations), Dr. Chandrashekar Shetty T, Head, P.G. Dept. of Physics, St Aloysius College (Autonomous), Dr Surfraz J Hasim, Principal, PAFGC, Ms Deepti Udyavar, Asst. Professor & Head, Dept. of Commerce & Management, Ms Sachin Giri, Asst. Professor, Dept. of Computer Applications, PAFGC were present on the occasion.

Both parties will work together to develop mutual agreements for cooperation based on their respective academic, scientific and research needs.

The activities will also include:

- Student-exchange, Faculty exchange programs
- Collaborative research for scholars and students at all levels
- Social outreach programs
- Exchange of online lectures
- Exchange of academic information, material and programs
- Development and implementation of joint research programs, including the development of proposals for funding purposes
- Joint conferences, workshops and training programs; and other cooperative activities as appropriate.

Principal as Resource Person at Mangalore University



Dr Surfraz J Hasim, Principal, PAFGC was invited by the Post Graduate Dept. of Travel & Tourism Management, Mangalore University to deliver a session on “Mind Engineering” on 28 February 2023.

MOU with GFGC for Women, Balmatta

PAET Stall at Beary Mela



P.A. First Grade College, Nadupadavu, Mangaluru and Government First Grade College for Women, Balmatta, Mangaluru, signed an MOU on 2nd March 2023 to collaborate in the following areas:

1. To offer student development programmes on knowledge enhancement, professional skill and soft skills development.
2. To facilitate participation in national and international research conferences and publications in peer reviewed journals.
3. Participation opportunities for talent enhancement areas, cultural, co-curricular and extra-curricular programmes.
4. To facilitate faculty development through faculty development programmes, guest lectures and resource persons exchange initiatives.
5. To create an awareness on Healthy Diet / Diet counselling for the students and faculty members of Government First Grade College for women by the students & Faculty Members of Food Nutrition & Dietetics Department of P.A. First Grade College.

Dr Jagadisha Bala, Principal, Govt. First Grade College for women, Balmatta, Mangaluru, Dr Chandrashekara K, Asst. Professor & IQAC Coordinator, GFGC, Balmatta, Dr Surfray J Hasim, Principal, PAFGC, Mr Mohammed Faizal, Head - Centre for Professional & Organisational Development, Ms Deepti Udyavar, Asst. Professor & Head, Dept. of Commerce & Management, Mr Sachin Giri, Asst. Professor, Dept. of Computer Applications were present on the occasion.



PAFGC staffs and students in PAET Counter no 27 at Beary Mela in Town Hall during 3rd, 4th & 5th March 2023. Mangalore South MLA Mr Vedavyas Kamath, Mangalore MLA UT Khader and Mr Ifthikar Ali UT visited PAET stall.

Participation in Walkathon

NSS Program officers and NSS student volunteers of PA First Grade college had participated in the walkathon from St. Agnes college to Kadri park which was organized by the 'You matter counselling and training center', Mangalore on 5 March 2023 Sunday between 3.30 p.m to 6.00 p.m on behalf of its first anniversary and the inauguration of its counselling awareness week from 5th to 11th March.



The Walkathon focused on creating awareness on the importance of counselling to overcome various mental health issues in the current stressful environment.

One Day Workshop on NAAC Process



The Internal Quality Assurance Cell of PAFGC organized 'One Day Workshop on NAAC Process – for the staff members on 7th March 2023.

Dr.Chandrashekara K, Asst. Professor, Dept. of Commerce & Management, IQAC Coordinator, Govt.First Grade College for Women Balmatta, Mangaluru, Dr. Surfraz J. Hasim, Principal, PAFGC, Dr.Ramis M.K, Principal, PA College of Engineering, Ms Vanishree Y, IQAC Coordinator, Ms. Deepthi Udyavar, Head – Dept. of Commerce and Management were present on the dias. Ms. Rasheeda, Assistant Professor, Dept. of HSS welcomed the gathering & introduced the resource person.

The program focused on detailed explanations of the 7 criteria of NAAC.

Criteria 1 – Curricular Aspects,
Criteria 2 - Teaching Learning and Evaluation,
Criteria 3 - Research, Innovations and Extension,
Criteria 4 - Infrastructure and Learning Resources,
Criteria 5 - Student Support and Progression,
Criteria 6- Governance, Leadership and Management,
Criteria 7 - Institutional Values and Best Practices.

The sessions were properly planned, hence helped in maintaining the participants engaged throughout.

The programme succeeded in promoting the professional practices that was relevant to the Quantitative & Qualitative metrics and he explained the same at great length. Dr. Ramis M.K, Principal, PA College of Engineering, concluded the session by inspiring faculty members to implement the given knowledge on NAAC and motivated the audience to overcome all the challenges in the future while working for NAAC. Ms. Delcy, Head, Dept. of FT/FND shared her feedback on behalf of all the faculty members. Ms. Preethi, Assistant Professor, Dept of Commerce & Management concluded the program with vote of thanks.

Principal as the Resource person at University Evening College

Workshop on converting solid waste into Compost (Harmi Pot)



IQAC in association with NSS & Environmental Cell organised One Day workshop and awareness program on Converting Kitchen solid waste into Compost by using Harmi Pot, on 14th March 2023 at PAFGC premises.

Prof. C.V. Pujar, Dept. of Mechanical Engineering addressed the gathering and gave a brief insight to the volunteers and members present regarding the effective utilisation of the project in the campus and at their localities.

He gave a brief data about the issues concerning the environment, the climate change and the ways in which we can control global warming. Capt. Rudresh. N, Campus Supervisor briefed about the effective use of this project in the campus. Dr. Surfraz J Hasim, Principal welcomed the gathering and briefed the usefulness of the program. NSS & Environment Cell representatives and staff from various departments participated in the workshop.

Dr Surfraz J Hasim, Principal- PAFGC, Psychologist, Mind Trainer & Coach was invited as the Resource Person for the valedictory programme of Counselling Awareness Week organised by You Matter Counselling & Training Centre in association with Dept. of MBA (IB), University Evening College, Mangaluru on 11 March 2023, at Ravindra Kala Bhavana, University College, Mangaluru.

One Day Workshop on Culinary Art



IQAC in association with Womens' cell organised one day workshop on culinary art for the non-teaching staff of PAFGC at FND lab on 15 March 2023. Ms Naseera S, Asst. Professor, Besant Womens' College, Mangaluru and a Passionate Chef was the resource person. Many delicacies including Biryani, Tikka, Milk Shakes, Mojitos etc. was prepared by the participants. Dr. Surfraz J Hasim, Principal, mentioned the importance of the program. Ms Hemalatha, Office incharge welcomed while Ms Harshini, Lab Instructor proposed the Vote of Thanks.

Program Outcome:

Participants learnt the varieties of delicious food preparations, kitchen etiquettes, maintaining safety and hygiene environment in the kitchen.

Principal's Participation at Launch of New Platform to upgrade skills for Career Development by Mangalore University

The Mangalore University Career Centre, managed by Numero Uno Partners and supported by Mangalore University, is all geared to make a transformational impact on the career outcomes of the students of Mangalore University. The new platform launch was held at Hotel A.J. Grand, Mangaluru on 18 March 2023. It is an integrated cloud – based application platform, that connects the university, colleges, students, corporates, course providers, certification agencies, assessment service providers, and other allied partners and enables meaningful engagement towards facilitating student career development and outcomes. The Program was graced by Dr. P.S. Yedapadithaya, Hon'ble Vice Chancellor, Mangalore University, Dr Kishore Kumar C.K, Registrar, Dr Raju Krishna Challannavar, Registrar (Evaluation), Mr. Shivabasava Chinivalar, Managing Director, Numero Uno Partners Pvt. Ltd. and Principals of Affiliated Colleges of Mangalore University.

Dr Surfraz J Hasim, Principal, P.A. First Grade College participated in the program.



Let's Get Quizzical: Online Quiz Competition



Rank	Name	Score
1	Arshana**	14690
2	Rizwana*	13580
3	Cr7	12410
4	Hibz*	12040
5	Radiolicho Cottonball	11880

Environmental Cell organized an Online Quiz competition "Let's Get Quizzical!" on 24 March 2023 on account of World Meteorological day at 11.00 a.m. Online platform was created that added flexibility of setting a schedule that fits everyone's agenda. Quiz was conducted by Ms Najla Mariyam, Assistant professor, Department of HSS and Ms Rosey D, Assistant Professor, Department of FT & FND along with the Student Coordinator Ms Nuzha M H, I BCA.

Link was shared 30 mins before the commencement of the competition. There were 76 students who actively participated in the quiz competition. This online platform allowed us to take definitive step from paper to digital.

Winners of the Online quiz Competition were Ms Arshana, I BBA (FIRST PLACE), Ms Rizwana, II FND (SECOND PLACE) and Ms Mehdiya, I BBA (THIRD PLACE).

Awareness program on EVM and VVPAT Machine



PAFGC in association with Internal Quality Assurance Cell and NSS unit has conducted an Electronic Voting Machine (EVM) and VVPAT demo program to the students by the officials of the Election Commission of India on 28th March 2023 at PACE campus at 2.00 p.m.

Students were actively participated in the EVM and VVPAT Machine demo program. The Sector Officer Mr. Ajay, Assistant Professor, GFGC, Mudipu explained the functioning and operations of the EVM & VVPAT Machine. They interacted with the students and demonstrated its actual functioning. Over 50 students were benefitted from this training program.

Dr. Sayyed Ameen, Dean- Students Affairs & Director- CMSR, PACE, Ms. Chaithra N.V & Ms Ithashree. M(NSS program officers), Mr. Hamad Basheer, YRC Coordinator, and faculty members of PAFGC were present during the program.

Outcomes:

- The students became aware of the voting process and its importance.
- The students of the college understood the operation of Electronic Voting Machine (EVM) & VV PAT Machine and decided to cast their vote in the forthcoming election.
- The demo program cleared the doubts of the students.

ONE DAY ORIENTATION PROGRAM ON “SCOPE OF ENTREPRENEURSHIP IN THE CURRENT SCENARIO”.



P.A First Grade College in association with Internal Quality Assurance Cell (IQAC) and Innovation Incubation Cell (IIC) has organized a one-day orientation program on "Scope of Entrepreneurship in the Current Scenario" on 29th March 2023 at E- Learning Center at 10.00 a.m. for the students of various departments of P.A.F.G.C and Center for Management Studies and Research, PACE.

The Resource person, Capt. Amar Mascarenhas, Director- Operations Wiz Bulk, South East Asia, Chief Guest Dr. Krishnaprasad N, Head- Dept. Of Biotechnology, PACE, Dr. Sayyad Ameen Ahmad, Dean- Students Affair and Director- Center for Management Studies and Research, PACE, Dr. Surfraz J Hasim, Principal, PAFGC, and Ms.Vanishree, IQAC Coordinator were present.

Chief Guest, Dr. Krishna Prasad motivated the gathering giving various examples and ideas to become Entrepreneurs in the current scenario.

The Resource person explained the present scenario of entrepreneurship and skills required in the field. The talk was mainly focused on how to start a new business, bear most of the risks and enjoy the rewards. He described the skills of entrepreneurs and how to put forth the ideas to create a product, service, or new business that people will buy, as well as an organization to support that effort.

The session was informative and was open for discussion with Q & A. It encouraged the students to share their opinions and ideas.

Dr. Surfraz J Hasim, Principal, P.A.F.G.C, in his presidential address, admired the Resource Person and felicitated him with a memento.

Ms. Vijola V Serrao, Asst. Professor, Department of Computer Applications and Ms. Nirmal C Bensia, Asst. Professor, Dept. of FT and FND were the Co-coordinators of the program. The program began invoking the blessings of almighty by Mr Basith and Mr Saeed Mahroof (III B.Com). Ms. Afifa (I BCA) welcomed the gathering while Ms. Nidha (II BBA) proposed the vote of thanks. The program was compered by Ms. Hana Mariyam of III FND.

STUDENTS PARTICIPATION IN ALOYSIAN FEST 2023

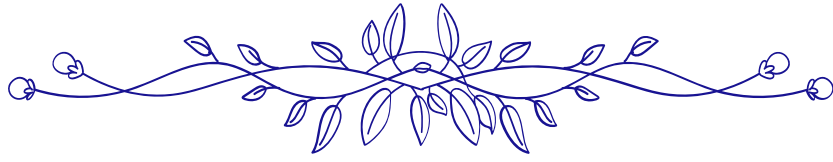


St. Aloysius College Mangalore, (Autonomous) conducted Aloysian fest 2023 on 31 March 2023. Various departments conducted different programs such as Imprints, Initia and Spinout were the events.

Students of P.A First Grade College actively participated in the competition. 38 students participated in various programs like Quiz, Reel making, cooking without fire, Cosplay, New product development etc. Ms. Hana Mariyam, from 3rd FND bagged 3rd prize in Ted Talks.

Ms. Gopika, Assistant Professor, Department of HSS and Ms.Nirmal C Bensia, Assistant Professor, Department of FT and FND accompanied the students.





Editorial Board

Dr. Surfraz J Hasim, Principal, P.A. First Grade College, Chief Editor
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For further details please visit our website: www.pafgc.in

For correspondence email to: principal@pafgc.in

Edited by: Ms. Ms. Muneera A , Asst. Professor in English, PAFGC

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P.A First Grade College
Nadupadav, Montepadav Post, Kairangala,
Mangaluru-574199
Karnataka, INDIA.
Contact: 0824-2284701/02/03

